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An exciting and comprehensive handbook, Reiki for Life contains everything readers need to know about the healing art of Reiki. This practical guide covers all points: basic routines, details about the power and potential of each level, special techniques for enhancing Reiki practice, and helpful direction on the use of Reiki toward spiritual growth.

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* Illustrates how to perform Reiki on yourself, as well as on others. * Advises on how to become a Reiki master/teacher. * Includes special advanced methods for working with Reiki. Complete with illustrations and a useful section of resources, Reiki for Life is a must-have for seekers anxious to learn about this fast-growing healing practice.

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Reiki For Life is just that; a book that helps practitioners as well as people using Reiki for their personal use, to incorporate the basics into their everyday lives. It is well organized and easy to find the particular topic you might want to zero in on. Very useful ideas to keep on track with the living and passing along the principles of Reiki.

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Suitable for beginners, experienced practitioners, and teachers alike, this book: -Explains what Reiki is and how it works.-Gives detailed instruction in First and Second Degree techniques.-Illustrates how to perform Reiki on yourself, as well as on others.-Advises on how to become a Reiki Master/teacher.-Includes special advanced methods for working with Reiki. Complete with illustrations and a useful section of resources, REIKI FOR

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It can be used to heal all aspects of your life including health, wealth, relationships, work, finances, and education. One significant benefit of reiki is it brings about spiritual evolution. Reiki can be used to heal by touch, one on one or a group or distant healing can be provided by an individual by a practitioner to any individual or ...

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