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Operative Hand Surgery

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Green's Operative Hand Surgery is the Gold Standard reference textbook for hand surgery. It is appropriate for residents doing rotations in hand surgery, fellows in hand surgery training, generalists who include hand surgery as part of their clinical practice, and hand surgery subspecialists (though more up-to-date information will be found in the primary hand literature for hand surgeons).

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Swelling is the primary reason for post-operative discomfort. Your hand should be above your heart at all times. You can do this by keeping your arms up on pillows if you are sitting or lying down. Try to keep your hand elevated for 72 hours. Additionally, ice packs applied to the hand or arm will help keep swelling down and keep you more comfortable.

Post-Operative Instructions: Hand Surgery

Widely recognized as the gold standard text in hand, wrist, and elbow surgery, Green's Operative Hand Surgery, 7th Edition, by Drs. Scott Wolfe, William Pederson, Robert Hotchkiss, Scott Kozin, and Mark Cohen, continues the tradition of excellence both in print and online.

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Hand and Nerve Surgery: Post-Operative Instructions. You have just had surgery on your hand or arm. The following are some general instructions that you may find helpful. Swelling. Swelling is natural after surgery for the first week. Reducing swelling helps speed recovery and will lessen your pain. The following two suggestions can help reduce ...

POST-OPERATIVE HAND INSTRUCTIONS 1. Keep your bandages clean and dry. When bathing, securely cover your arm with a plastic bag or sponge bathe until you... 2. Keep the hand that was operated on elevated higher than your elbow for the next 48 to 72 hours to control swelling. 3. Rest the day of your ...

POST-OPERATIVE HAND INSTRUCTIONS - Tri-Valley Orthopedic ...

Surgery is not a normal event for the human body to go through. Wherever surgery is performed scar tissue forms. Scar is not normal tissue. We try to minimize scar formation by using sound surgical techniques and appropriate post-surgery therapy. The goal of surgery is to give your hand as normal function as possible.

Post Operative Instructions for Hand Surgery Patients

Strengthening your hand and restoring your range of motion is an important part of rehabilitation after hand surgery. By performing simple hand exercises that focus on strengthening and stretching your muscles, you can improve the flexibility of your fingers and hands. Always consult a doctor before beginning any exercises.

Physical Therapy Exercises After Hand Surgery | Livestrong.com

Recovery after hand surgery depends greatly on the type of surgery that was performed and the underlying cause of the hand condition. Sometimes, repeat surgeries are needed. The hand is an intricate part of our lives and is very sensitive. Mild to severe pain may be expected after many types of hand surgeries.

What to Expect After Hand Surgery | Stanford Health Care

Green's operative hand surgery. Philadelphia, Pa.: Elsevier/Churchill Livingstone, ©2005 (OCoLC)607607660 Online version: Green's operative hand surgery. Philadelphia, Pa.: Elsevier/Churchill Livingstone, ©2005 (OCoLC)607902375: Document Type: Book: All Authors / Contributors: David P Green

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Description. Green's Operative Hand Surgery, edited in its Sixth Edition by Scott W. Wolfe, MD, provides today's most complete, authoritative guidance on the effective surgical and non-surgical management of all conditions of the hand, wrist, and elbow. Now featuring a new full-color format, photographs, and illustrations, plus operative videos and case studies online at Expert Consult, this new edition shows you more vividly than ever before how to perform all of the latest techniques ...

Green's Operative Hand Surgery - 6th Edition

Common Reasons for Hand Surgery. Surgery is not usually the first line of treatment for many of the problems below. However, if non-surgical treatments have been unsuccessful, surgery may be recommended. Your hand surgeon can advise you if hand surgery is appropriate at this time and provide options.

Hand Surgery Recovery Time: Pain, Exercise & Complications

Perform all the latest procedures and get the best results with the new edition of Operative Techniques: Hand and Wrist Surgery. This compact atlas-style volume provides an efficient review of the scope of hand surgery, including every potential patient scenario, while updated indications and techniques equip you to treat the gamut of upper extremity disorders.

Operative Techniques: Hand and Wrist Surgery | ScienceDirect

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Read Book Operative Hand Surgery

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